

CENTERVILLE SCHOOL OCTOBER BREAKFAST MENU

USDA is an Equal Opportunity Employer and Provider

Water Served Daily Milk and Juice Served Daily Menu Subject to Chai

| TUESDAY 3 WG Biscuit Biscuit Gravy LS Sliced Pears in Syrup 10 WG Biscuit Biscuit Gravy LS Sliced Pears in Syrup | WEDNESDAY 4 Whole Grain Cereal Toast Whole Grain Grape Jelly Fresh Fruit Choice 11 Whole Grain Cereal Toast Whole Grain Grape Jelly Fresh Fruit Choice | THURSDAY 5 Scrambled Eggs Toast Whole Grain Grape Jelly Fruit Cocktail 12 Egg Patty Toast Whole Grain Grape Jelly Sliced Peaches in Syrup | FRIDAY 6 Donuts Fruit 13 Cinnamon Roll Sliced Peaches in Syrup |
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| WG Biscuit Biscuit Gravy LS Sliced Pears in Syrup 10 WG Biscuit Biscuit Gravy LS Sliced Pears in Syrup | Whole Grain Cereal Toast Whole Grain Grape Jelly Fresh Fruit Choice 11 Whole Grain Cereal Toast Whole Grain Grape Jelly Fresh Fruit Choice | Scrambled Eggs Toast Whole Grain Grape Jelly Fruit Cocktail 12 Egg Patty Toast Whole Grain Grape Jelly | Donuts Fruit 13 Cinnamon Roll |
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| WG Biscuit Biscuit Gravy LS Sliced Pears in Syrup | Whole Grain Cereal Toast Whole Grain Grape Jelly Fresh Fruit Choice | Egg Patty Toast Whole Grain Grape Jelly | Cinnamon Roll |
| Biscuit Gravy LS Sliced Pears in Syrup | Toast Whole Grain Grape Jelly Fresh Fruit Choice | Toast Whole Grain Grape Jelly | |
| 17 | | | 1 |
| | 18 | 19 | 20 |
| WG Biscuit Biscuit Gravy LS Sliced Peaches in Syrup | Whole Grain Cereal Toast Whole Grain Grape Jelly Fresh Fruit Choice | Sausage WG Biscuit Grape Jelly Mixed Fruit | French Toast Pancake Syrup Pouch Mixed Fruit |
| 24 | 25 | 26 | 27 |
| WG Biscuit Biscuit Gravy LS Mixed Fruit | Whole Grain Cereal Toast Whole Grain Grape Jelly Fresh Fruit Choice | Breakfast Pizza Sausage Applesauce | Pancakes Pancake Syrup Pouch Fruit Mix |
| 31 | | | |
| Spiders Jack o Lanterns Halloween Parade 2:00 pm | - | | |
| | WG Biscuit Biscuit Gravy LS Sliced Peaches in Syrup 24 WG Biscuit Biscuit Gravy LS Mixed Fruit 31 Spiders Jack o Lanterns | WG Biscuit Biscuit Gravy LS Sliced Peaches in Syrup 24 WG Biscuit Biscuit Gravy LS Mixed Fruit Spiders Jack o Lanterns Whole Grain Cereal Toast Whole Grain Grape Jelly Fresh Fruit Choice | WG Biscuit Biscuit Gravy LS Sliced Peaches in Syrup 24 25 WG Biscuit Biscuit Gravy LS Whole Grain Grape Jelly Fresh Fruit Choice Whixed Fruit Whole Grain Cereal Mixed Fruit Biscuit Biscuit Gravy LS Mixed Fruit Grape Jelly Fresh Fruit Choice Breakfast Pizza Sausage Applesauce Applesauce 31 Spiders Jack o Lanterns Halloween Parade 2:00 pm |



CENTERVILLE SCHOOL OCTOBER LUNCH MENU

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| 72 P | Water Served Daily | 100 150 | Menu Subject To Change | |
|----------------------------|-------------------------|------------------------------|--------------------------|--------------------------|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 2 | 3 | 4 | 5 | 6 |
| | Popcorn Chicken | Ham and Cheese Sandwich | Corn Dog WG | Chicken Tacos |
| | Assorted Dipping Sauces | Romaine Lettuce | Sweet Potatoe Fries | Taco Sauce Packet |
| No School | Green Beans | Vegetables for Salad | Ketchup Packet | Refried Beans |
| | Wheat Roll | Assorted Salad Dressing | Fresh Carrots | Fresh Broccoli Florettes |
| | Margarine Spread TFF | Diced Pears in Juice | Ranch Dressing FF | Ranch Dressing FF |
| | Applesauce | Fresh Fruit Choice | Sliced Peaches in Syrup | Fruit Cocktail |
| 9 | 10 | 11 | 12 | 13 |
| | Beef Taco | Rotini in Meat Sauce | Pork Rib Patty | Hotdog Turkey |
| | Refried Beans | Breadstick WG | Hotdog Bun WW | Hotdog Bun WW |
| No School | Tortilla Chips | Romaine Lettuce | Potato Wedges | Ketchup Packet |
| Teacher Inservice | Celery Sticks | Vegetables for Salad | Ketchup Packet | Pork-N-Beans |
| | Ranch Dressing FF | Fresh Fruit Choice | Jello W/Fruit | Fresh Broccoli Florettes |
| | Pineapple Chunks | | | Mixed Fruit |
| 16 | 17 | 18 | 19 | 20 |
| | Sloppy Joe | Chicken Penne WG | Country Fried Steak | Corn Dog WG |
| | Hamburger Bun WW | Breadstick WG | Mashed Potatoes w/Gravy | Sweet Potato Fries |
| No School | Black Beans | Baby Carrots | Green Beans | Corn |
| | Ketchup Packet | Celery Sticks | Wheat Roll | Ketchup Packet |
| | Mixed Fruit | Ranch Dressing FF | Margarine Spread TFF | Sliced Peaches in Syrup |
| | Chocolate Chip Cookie | Fresh Fruit Choice | Applesauce | |
| 23 | 24 | 25 | 26 | 27 |
| | Chicken Patty WG | Cheeseburgers | Spaghetti and Meat Sauce | Beef and Bean Burrito WG |
| No School | Country Gravy | Hamburger Bun WW | Garlic Toast | Refried Beans w/Cheese |
| Inservice | Green Peas | Ketchup Packet | Romaine Lettuce | Romaine Lettuce |
| Parent Teacher Conferences | Wheat Roll | Crinkle Cut FF 1/2" | Vegetables for Salad | Vegetables for Salad |
| 1-5pm | Margarine Spread TFF | Celery Sticks/Ranch Dressing | Assorted Salad Dressing | Assorted Salad Dressing |
| | Fruit Cocktail | Fresh Fruit Choice | Pineapple Chunks | Ranch Dressing FF |
| 30 | Fruit Cocktail | Flesh Fluit Choice | r ineapple chanks | Harren Dressing 11 |
| 30 | 31 | Flesh Fluit Choice | т птеарріе спапкз | Harrest Dressing . |
| 30 | | Fresh Fruit Choice | т теарріс спино | numeri Dressing 11 |
| 30 | 31 | riesii riuit ciioice | т шеарріс Спинкз | nuner o ressing (|
| No School | 31 Monsters | riesii riuit ciioice | т шеарріс Спинкз | nuner o ressing (|
| | Monsters Munchies | riesii ri uit ciioice | т шеарріс Спинкз | nuner o ressing (|
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